

## **Quay Financial Planning**

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# Thinking about divorcing?

Protecting your assets and preparing you for going forward on your own

Divorce involves many loose ends, both emotional and financial. It can generate high levels of uncertainty and financial stress, as it impacts on all areas of your life, from living arrangements to assets and pensions. That's why financial planning through a divorce is essential to help protect your assets and prepare you for going forward on your own.

Making the right financial decisions during your divorce can be difficult. You may be worried about your future and how you will support yourself and your family. Divorce is a difficult time emotionally and financially. It is important to obtain professional financial advice to help you through this challenging period.

This will help protect your interests, ensuring that you receive a fair outcome and your future is secure. It will also enable you to have a clear understanding of your current financial situation. This includes knowing what assets and debts you have, as well as what income and expenses you have each month.

#### **FUTURE FINANCES**

You'll need to be realistic about your future income and expenses. That means putting a realistic budget in place so that you can make informed decisions about your future finances.

Don't overlook any tax implications based on any financial decisions you make. This is especially important if you are considering selling assets or transferring property.

## **DIVIDING PENSIONS**

One of the most important assets to consider is your pension. Pensions are often overlooked in divorce settlements, but they can be worth a significant amount of money. It is important to get professional advice to make sure that pensions are taken into account in any settlement.

There are several options for dividing pensions in a divorce, and the best option will depend on your individual circumstances. You may be able to keep your pension in its current form, or you may need to transfer some or all of it to your ex-partner.

#### **DIVORCE SETTLEMENT**

Whatever you do, make sure that you obtain professional advice before making any decisions about your pension. It is one of the most important financial assets you have, and you need to make sure that it is taken care of in your divorce settlement.

With careful planning and communication, you can make the transition as smooth as possible to help you move on with your life and make a fresh start.

Here are some tips to help you make the right financial decisions during your divorce:

- I. Get organised. Gather all of your financial documents, including tax returns, bank statements and investment records. This will help you and your lawyer understand your financial situation and make the best decisions for your future.
- 2. Make a budget. Once you have all of your financial information gathered, sit down and create a budget. Be honest with yourself about your income and expenses. This will help you make informed decisions about your finances going forward.
- **3. Understand your rights.** Speak with a lawyer to understand your rights and responsibilities during the divorce process. This will help you make decisions that are in your best interests.

- **4. Communicate with your spouse.** If you have children, it is important to communicate with your spouse about financial matters. This can be difficult, but it is important to try to reach an agreement on child support and other financial issues.
- 5. Obtain professional financial advice.

This will help ensure that you are making sound decisions with your finances during this difficult time. There are many factors to consider when going through a divorce. The advice will help you understand the financial implications of the decisions you make, and provide guidance on how best to protect your interests.

# NEED HELP MAKING THE RIGHT FINANCIAL DECISIONS DURING A DIVORCE?

Making the right financial decisions during a divorce can be difficult, especially when it comes to pensions. If you have any questions about your pension or other financial assets during a divorce, please contact us.

DIVORCE SETTLEMENTS ARE NOT REGULATED BY THE FINANCIAL CONDUCT AUTHORITY.

